



# TADs

## TEMPORARY ANCHORAGE DEVICES

### What is a TAD?

Temporary anchorage devices or TADs are small titanium anchors used in certain orthodontic cases to help achieve quicker tooth movement with more efficiency. TADs are usually used in addition to braces.



### How are TADs placed?

An anesthetic is used to numb the gum tissue and surrounding area where the TAD is placed. The placing of the TAD is quick and just takes a few minutes. While the Doctor is placing the TAD you may feel some slight pressure, but within a day, the pressure will subside. The TAD is removed once your treatment is complete or when it is no longer needed to help straighten your teeth. Removal of a TAD is a comfortable procedure that takes just a few minutes.

### How do I keep my TAD clean?

A TAD is cleaned the same way you keep your braces clean: brushing at least twice a day and using a mouth rinse.

### Home care:

- Brush your TAD when you brush your teeth, at least 2 times a day.
- Rinse with Chlorhexadine rinse once per day for 1 week.
- Continue to rinse with mouth wash once a day after the first week.
- You may feel some pressure in the area of the TAD for a day or two, you may take Tylenol to help relieve the discomfort.
- Let the office know if the TAD becomes loose, or becomes painful.
- It is important to keep the TAD clean or else it can loosen and fall out and the gum tissue around it may get sore.