



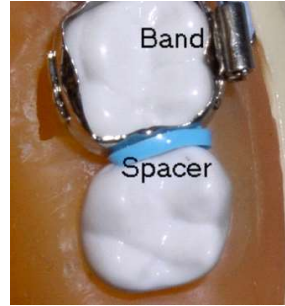
ORTHODONTIC SPACERS/SEPARATORS

Separators are placed between your back molars to make room for bands to be fit at the next visit. It will feel like you have something stuck between your teeth – you do!!

Things to Remember:

- Please don't play with your separators
- Avoid very chewy and sticky foods as they may pull the separators out
- Brush normally, but avoid flossing where the separators have been placed
- Check after eating, brushing and again each night to make sure they are still in place
- If the separators make your teeth sore, pain medication (Advil, Tylenol, etc) may be taken

If you lose your spacers, please call our office. It may be necessary to schedule an appointment to replace them. We need that space at your next treatment appointment in order to gently position the bands in the most comfortable manner.



Please don't hesitate to call us with any questions!

LET US MAKE YOU SMILE